

## Olympics:

1998 Winter Olympics, Nagano, Japan

Participant

1994 Winter Olympics, Lillehammer, Norway

Gold Medal: 500m Short track Speedskating

Bronze Medal: 3000m Relay

1992 Winter Olympics, Albertville, France

Gold Medal 500m Short Track Speedskating

Silver Medal: 3000m Relay

## Television

\*ESPN Commentator "Ladies World Long Track Speedskating Championship"

\*ESPN Commentator "World Short Track Speedskating Championship"

\*SportsChannel Co-Host/Commentator "Roller-Fest '96"

\*Host, "Jim Hanley's Northeast Outdoors"

\*ABC Wide World of Sports-Summerskate-Celebrity Rollerblading-Participant

\*Fox "American Gladiators" - Participant

\*ICE CAPADES, starred in "Made in America" Tour, 1992

## Guest Interviews/Feature Stories:

"Good Morning America," "CBS This Morning," "Larry King Live," "Talk Live with Tom Snyder," "George Michael's Sports Machine," "Dennis Miller Show," "Pat O'Brien Show," TNT, ESPN2, New York Times, Los Angeles Times, Sports Illustrated, USA Today, SI for Kids, and the Rochester Business Journal

## Infomercials

\*Fitness Quest - Appeared with Joe Montana- 1998

\*AB-Force-Host for abdominal bench equipment - 1995

\*PHYSIQ TRI-GRAVITY - Host/physical fitness expert, home fitness gym - 1995

\*WEIDER SKATE- MASTER-Testimonial presentation - 1993

\*Shape Magazine - Host/Physical Fitness expert on Video, "Power Legs"

## Books

One of twenty-five past Olympians authored in John Nabor's book, *Awaken the Olympian Within*.

Commercials - Singer, Actress, Character Voice

Castle Chemical, Buick, Chuck E. Cheese, Dorchel Automotive,

N. Michigan University, KeyBank, US Olympic Education Ctr, Waistwatcher Soda

Motivational Speaker/Personal Appearances

IBM, Member of Team Xerox, Bausch & Lomb, Motorola, Interior Design Nutritionals, Castle Chemical, Merrill Lynch, 3M, YWCA, LPGA, Resource Net International, USOC, Kodak, McDonalds, American Lung Association, Geneva Regional Health System, NUSKIN, Northwestern Mutual Life, Chrysler Corporation and Proctor & Gamble.

Singer-Songwriter

"Born TO BE CHAMPIONS" (HBO), wrote music for, "Lifestyles of the Rich and Famous," "We're All American," "Share The Dream," (CBS), "At the Top of the Game" National Anthem at various NHL, NFL, NBA, MLB stadiums.

PSA's/CHARITY APPEARANCES

United Way, Amateur Athletic Association, Special Olympics, American Cancer Society, Cancer Camp For Kids, Physically Challenged, Helmut Safety, Lupus, Leukemia, Cystic Fibrosis.

ADDITIONAL

\*Launched Mental Health Program (sharing her inspiring story with mental health patients).

\*National Spokesperson, Special Olympics World Games, NY Special Olympics;

\*Spokesperson and PSA for American Heart Association

\*Sang National Anthem at Buffalo Bills Home Game.

\*Xerox 100 Golden Olympians Gala for National anthem for President Clinton.

\*Lead Role in Motion Picture, "High Stakes."

\*1992 Eastern Regional Overall Water Skiing Champion

\*Physical Fitness Expert Certification.

\*Bachelor of Science in Computer Systems, Northern Michigan University.

\*Invited by President Bush to a State Dinner.

Cathy Turner is featured on the Cover of the book *Awaken The Olympian Within*, to see the cover, [click here](#).

Book Review:

Terry Dillman Manager, Olympic Marketing, Xerox Corporation

"An awesome book! It's about mental toughness, conquering the insurmountable, learning to change, making adjustments and loving the feeling of pressure. It's about awakening the Olympian, not only in yourself, but in others, too."

Cathy Turner is a well sought after public speaker who continues to inspire sales meetings nationwide. Cathy is also the Chairman of the Cathy4kids Foundation based in Rochester, NY. Cathy produces an annual celebrity golf tournament in her home town to raise money for childrens charities.